

# ActiveBarnsley



July 2017



the coalfields  
regeneration trust

Dear Parent or Guardian,

Active Barnsley are running a "FREE" family healthy lifestyle and activity programme for children and parents at **Queens Road Academy**. The five week programme offers a range of fun activity sessions for children and adults, whilst also providing healthy lifestyle education and advice. The course will take place in the school hall once a week for 5 weeks, as an after school activity between **3.20pm and 4.50pm** on the following dates;

**Thursday 16<sup>th</sup> November 2017 3.20pm – 4.50pm**

**Thursday 23<sup>rd</sup> November 2017 3.20pm – 4.50pm**

**Thursday 30<sup>th</sup> November 2017 3.20pm – 4.50pm**

**Thursday 7<sup>th</sup> December 2017 3.20pm – 4.50pm**

**Thursday 14<sup>th</sup> December 2017 3.20pm – 4.50pm**

This is a five week programme and children must attend all sessions. The practical nature of the activities will require that children wear trainers.

Places on the programme are limited to **15** children and adults, so please book in early by signing up at the school office.

Yours Faithfully

Dave Drumgoon  
Active Barnsley

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I would like to book a place on the Healthy Lifestyle and Activity Programme starting 16<sup>th</sup> November 2017.

Name of child: \_\_\_\_\_ Class: \_\_\_\_\_

Name of Parent/Guardian: \_\_\_\_\_ attending with child.

Signed: \_\_\_\_\_ (Parent/Carer)